

Running head: Female Sibling Incest Survivors

Sibling child sexual abuse: Adult female sibling incest survivors, research and treatment

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Sibling Sexual Abuse: Adult Female Sibling Incest Survivors, Research and Treatment

Chapter One: Introduction and Definitions

- Overview
- Definitions
- Statistics
- Assessment Tools
 - Child Abuse Rating Scale (Freidrich 1990)
 - Derogatis Sexual functioning inventory (Derogatis, 1975)
 - The Family Attachment Interview (Bartholomew & Horowitz, 1991)
 - The Belief Inventory (Jehu, 1986)
 - Sexual desire Conflict Scale for Women (Kaplan & Harder, 1991)
 - Westerlund Incest Survivors Questionnaire (Westerlund, 1992)
 - Beck Depression Inventory (Beck, 1978)
 - Coping Strategy Indicator (Amirkhan, 1990)
 - Child Abuse Trauma Scale (Sanders & Becker-Lausen, 1995)
 - Dissociative Experiences Scale (Bernstein & Putnam, 1986)
 - Silencing the Self Scale (Jack & Dill, 1992)
 - Conflict Tactics Scale (Straus, 1990)
 - LOC, The IPC (Internality, Powerful Others, Chance) Scale (Levenson, 1981)
 - The Blame Scale (Hoagwood, 1990)
 - Severity of Sibling Interest Scale (Carlson, 2006)
 - The Kelley Chronic Self-Destructiveness Survey (Kelley, 1985)

Chapter Two: Theory and models

- Attachment and Systems Theory
- Victim Response Cycle
- Betrayal Trauma Theory
- Integrative Model of the Impacts of Child abuse (IMICA)
- Traumagenic Theory of Disassociation

Chapter Three: Family Context and Characteristics of CSA Sibling Incest

- Characteristics
- Four Preconditions

Chapter Four: Short and Long Term Effects of Abuse

- Short Term
- Long Term

Chapter Five: Recovery: Surviving vs. Thriving

- Modifiers of Sexual Abuse Effects
- Resiliency
- Trajectories

Chapter Six: Treatment and Interventions

- Recovery stages
- Emotionally Focused Therapy
- Existential Psychotherapy
- Dialectical Behavior Therapy
- Family Systems
- Techniques

Chapter Seven: Conclusion and Future Directions

- Locus of Control
- The self

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